

PRAIRIE FARM LUNCH MENUJUNE 2019**

Every day choices include fresh fruit, juice choice, skim milk, 1% milk or nonfat chocolate. Fresh salad bar for middle and high school students.

Monday	Tuesday	Wednesday	Thursday	Friday
<p align="right">3</p> <p>1 Mini Meatball Sub 2 Max Pizza Sticks / Sauce Potatoes Steamed Carrots Elementary- Broccoli Diced Pineapple, Grapes</p>	<p align="right">4</p> <p>1 Super Nachos /Toppings 2 BBQ Pork / Bun Hashbrown Patty Elementary – Pepper Slices Mandarin Oranges, Strawberries</p>	<p align="right">5</p> <p>1 Spaghetti with Meat/Breadstick 2 Italian Chicken on Bun Steamed Corn Elementary-Cucumbers Diced Pears, Oranges</p>	<p align="right">6</p> <p>Cheddarwurst on Bun MS & HS Hotdog on Bun ELEM Baked Beans Chips Baby Carrots Apple Slices</p>	

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“Offer vs. Serve”: Build a complete lunch by choosing (at least) 3 items; including (at least) ½ cup fruit, ½ cup vegetable or combination for lunch.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

MENU SUBJECT TO CHANGE

PRAIRIE FARM ELEMENTARY SCHOOL BREAKFAST MENU*JUNE 2019

Every day choices include fresh fruit, juice choice, white milk, skim milk, 1% milk or nonfat chocolate.

Monday	Tuesday	Wednesday	Thursday	Friday
<div style="text-align: right; margin-bottom: 5px;">3</div> *Mini Maple Waffle with Syrup *Assorted Cereal with a Cheese Stick or Yogurt	<div style="text-align: right; margin-bottom: 5px;">4</div> *French Toast Sticks / Syrup *Banana Bread *Assorted Cereal with a Cheese Stick or Oatmeal Bar	<div style="text-align: right; margin-bottom: 5px;">5</div> *Pizza Breakfast Scramble * Assorted Cereal with a Cheese stick or Muffin	<div style="text-align: right; margin-bottom: 5px;">6</div> *Pancake and Sausage Stick *Assorted Cereal with a Cheese Stick or Pop Tart	

Build a complete breakfast by selecting at least 3 items, including ½ cup of fruit, vegetable or fruit/vegetable combination

PRAIRIE FARM MIDDLE AND HIGH SCHOOL BREAKFAST MENUJUNE 2019**

Every day choices include fresh fruit, juice choice, white milk, skim milk, 1% milk and nonfat chocolate.

Monday	Tuesday	Wednesday	Thursday	Friday
3 *Pizza Breakfast Scramble *Uncrustable Sandwich *Mini Waffle with Syrup * Cereal and Cheese Stick or Yogurt	4 *Pizza Breakfast Scramble *Uncrustable Sandwich *French Toast Sticks *Cereal and Cheese Stick or Oatmeal Bar	5 *Pizza Breakfast Scramble *Uncrustable Sandwich *Combo Bars /Toast *Cereal and Cheese Stick or Muffin	6 *Pizza Breakfast Scramble *Uncrustable Sandwich *Pancake and Sausage Stick *Cereal and Cheese Stick or Pop Tart	

Build a complete breakfast by selecting at least 3 items, including ½ cup of fruit, vegetable or fruit/vegetable combination