

Elementary Breakfast Menu January 2020

Monday	Tuesday	Wednesday	Thursday	Friday
Every day choices include 1% milk or nonfat chocolate.		1 NO SCHOOL	2 NO SCHOOL	3 NO SCHOOL
6 French Toast Sticks Cereal/Cheese Stick/Yogurt	7 Combo Bar / Toast Cereal/Cheese Stick Pop Tart	8 Pancake on Stick Cereal/Cheese Stick/Muffin	9 Breakfast Pizza Cereal/Cheese Stick/Nutrigrain Bar	10 Strawberry Mini Pancakes Cereal/Cheese Stick/Mini John
13 Mini Waffles Cereal/Cheese Stick/Rice Krispie Bar	14 Strawberry Mini Bagel Cereal/Cheese Stick/Applebar	15 Combo Bar / Toast Cereal/Cheese Stick/Pop Tart	16 Breakfast Pizza Cereal/Cheese Stick/Yogurt	17 Pancake on Stick Cereal/Cheese Stick/Muffin
20 Combo Bar / Toast Cereal/Cheese Stick/Chocolate Granola Bar	21 Strawberry Mini Pancakes Cereal/Cheese Stick/Muffin	22 Breakfast Sandwich Cereal/Cheese Stick/Yogurt	23 Mini Waffles Cereal/Cheese Stick/Muffin	24 NO SCHOOL
27 French Toast Sticks Cereal/Cheese Stick/Yogurt	28 Combo Bar / Toast Cereal/Cheese Stick/ Oatmeal Bar	29 Pancake on Stick Cereal/Cheese Stick/Choc Granola Bar	30 Breakfast Pizza Cereal/Cheese Stick/Muffin	31 Mini Waffles Cereal/Cheese Stick/Mini John

“Offer vs. Serve”: Build a complete breakfast by choosing (at least) 3 items; including (at least) 1/2 cup fruit for breakfast.
 This Institution is an equal opportunity provider and employer. Menu subject to change.

Elementary Lunch Menu January 2020

Monday	Tuesday	Wednesday	Thursday	Friday
Every day choices include 1% milk or nonfat chocolate.		1 NO SCHOOL	2 NO SCHOOL	3 NO SCHOOL
6 BBQ Pulled Pork Sandwich Baked Beans Steamed Broccoli / Cauliflower Peaches / Fresh Oranges Corn Dog	7 Meatballs / Mashed Potatoes Gravy/ Roll Green Beans / Baby Carrots Mandarin Oranges / Apples Pizza	8 Chicken & Gravy/ Mashed Potatoes / Roll Peas / Tomatoes Pineapple / Watermelon Hamburger on Bun / Cheese	9 Italian Dunker / Sauce Steamed Carrots/ Cucumbers Pears / Banana Hot Dog On Bun	10 Super Nachos / Cheese Sauce Nacho Cheese Chips Corn / Peppers Applesauce / Grapes Chicken Patty on Bun
13 Asian Rice Steamed Broccoli / Pea Pods Pineapple / Sidekick Mini Meatball Sub	14 Tacos / Toppings Refried Beans Green Beans / Peppers Applesauce / Banana Mini Corn Dogs	15 Pasta with Meat Sauce Corn / Broccoli Pears / Grapes Max Cheese Sticks/Sauce	16 Ground Beef Stroganoff Roll/Mashed Potatoes Peas / Baby Carrots Kiwi/ Peaches Chicken Nuggets/Potatoes	17 Baked Potato/Toppings/Roll California Blend Veggies/Lettuce Mandarin Oranges/Apple Slices Hamburger on Bun / Cheese
20 Pizza Hotdish / Breadstick Steamed Carrots/ Cucumbers Applesauce / Grapes Chicken Patty on Bun	21 Chicken Gravy/Mashed Potatoes/ Roll Steamed Broccoli / Baby Carrots Mandarin Oranges / Watermelon Salisbury Steak/Potatoes/Roll	22 Sloppy Joe on Bun Baked Beans / Broccoli French Fries Applesauce / Blueberries Corn Dog /French Fries	23 Taco Salad Garden Salsa Chips Green Beans / Tomatoes Pineapple / Banana BBQ Pulled Pork/Bun	24 NO SCHOOL
27 Sweet Sour Chicken/ Rice Steamed Carrots / Celery Pineapple / Fresh Oranges Hamburger on Bun / Cheese	28 Tacos / Toppings Refried Beans Peas / Peppers Applesauce / Banana Mini Corn Dogs	29 Tater Tot Hot Dish / Roll Green Beans / Cucumbers Mandarin Orange/Grapes Max Cheese Sticks/Sauce	30 Meatball / Potatoes Gravy/Roll Corn / Baby Carrots Peaches / Watermelon Pizza	31 Cheesy Chicken Broccoli Hotdish California Blend Veggies/Pea Pods Pears / Apples Hotdog on Bun

“Offer vs. Serve”: Build a complete lunch by choosing (at least) 3 items; including (at least) 1/2 cup fruit, 1/2 cup vegetable or combination for lunch.
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Middle & High School Breakfast Menu January 2020

Monday	Tuesday	Wednesday	Thursday	Friday
Every day choices include 1% milk or nonfat chocolate.		1 NO SCHOOL	2 NO SCHOOL	3 NO SCHOOL
6 Breakfast Pizza French Toast Sticks Peanut Butter Jelly Uncrustable Cereal/Cheese Stick/Yogurt	7 Breakfast Pizza Combo Bar / Toast Peanut Butter Jelly Uncrustable Cereal/Cheese Stick/Pop Tart	8 Breakfast Pizza Pancake on Stick Peanut Butter Jelly Uncrustable Cereal/Cheese Stick/Muffin	9 Breakfast Pizza Dutch Waffle Peanut Butter Jelly Uncrustable Cereal/Cheese Stick/Nutrigrain Bar	10 Breakfast Pizza Strawberry Mini Pancakes Peanut Butter Jelly Uncrustable Cereal/Cheese Stick/Mini John
13 Breakfast Pizza Mini Waffles Peanut Butter Jelly Uncrustable Cereal/Cheese Stick/Rice Krispie Bar	14 Breakfast Pizza Strawberry Mini Bagel Peanut Butter Jelly Uncrustable Cereal/Cheese Stick/Apple Bar	15 Breakfast Pizza Combo Bar Toast Peanut Butter Jelly Uncrustable Cereal/Cheese Stick/Pop Tart	16 Breakfast Pizza French Toast Bites /Yogurt Peanut Butter Jelly Uncrustable Cereal/Cheese Stick/ Yogurt	17 Breakfast Pizza Pancake on Stick Peanut Butter Jelly Uncrustable Cereal/Cheese Stick/Muffin
20 Breakfast Pizza Combo Bar /Toast Peanut Butter Jelly Uncrustable Cereal/Cheese Stick/Chocolate Granola Bar	21 Breakfast Pizza Strawberry Mini Pancakes Peanut Butter Jelly Uncrustable Cereal/Cheese Stick/Muffin	22 Breakfast Pizza Breakfast Sandwich Peanut Butter Jelly Uncrustable Cereal/Cheese Stick/Yogurt	23 Breakfast Pizza Mini Waffles Peanut Butter Jelly Uncrustable Cereal/Cheese Stick/Muffin	24 NO SCHOOL
27 Breakfast Pizza French Toast Sticks Peanut Butter Jelly Uncrustable Cereal/Cheese Stick/Yogurt	28 Breakfast Pizza Combo Bar / Toast Peanut Butter Jelly Uncrustable Cereal/Cheese Stick/Nutrigrain Bar	29 Breakfast Pizza Pancake on Stick Peanut Butter Jelly Uncrustable Cereal/Cheese Stick/Choc. Granola Bar	30 Breakfast Pizza Dutch Waffle Peanut Butter Jelly Uncrustable Cereal/Cheese Stick/Muffin	31 Breakfast Pizza Mini Waffles Peanut Butter Jelly Uncrustable Cereal/Cheese Stick/Mini John

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Middle & High School Lunch Menu January 2020

Monday	Tuesday	Wednesday	Thursday	Friday
Every day choices include 1% milk or nonfat chocolate.	0	1 NO SCHOOL	2 NO SCHOOL	3 NO SCHOOL
6 BBQ Pulled Pork Sandwich Sun Chips Baked Beans/Steamed Broccoli Peaches / Fresh Oranges Corn Dog/ Sun Chips	7 Meatballs / Mashed Potatoes Gravy/Roll Green Beans Mandarin Oranges / Apples Pizza	8 Chicken & Gravy/Potatoes / Roll Peas Pineapple / Watermelon Hamburger/ Bun / Cheese	9 Italian Dunker / Sauce Steamed Carrots Pears / Banana Cheddarwurst/Bun	10 Super Nachos / Cheese Sauce Nacho Cheese Chips Corn Applesauce / Grapes Chicken Patty/Bun/Nacho Chips HS
13 Asian Rice Steamed Broccoli Pineapple / Sidekick Mini Meatball Sub	14 Tacos / Toppings/Tostitos Chips Green Beans Applesauce / Banana Mini Corn Dogs/Tostitos Chips	15 Pasta/Meat Sauce/Breadstick Corn Pears / Grapes Max Cheese Sticks / Sauce	16 Ground Beef Stroganoff/Potatoes/Roll Peas Kiwi/ Peaches Chicken Nuggets / Potatoes	17 Baked Potato / Toppings/ Roll California Blend Veggies Mandarin Oranges / Apple Hamburger/Bun/Cheese
20 Pizza Hotdish/Breadstick Steamed Carrots Pineapple / Fresh Oranges Chicken Patty / Bun / Chips	21 Chicken & Gravy/Potatoes/Roll Steamed Broccoli Mandarin Oranges/Watermelon Salisbury Steak/ Potatoes/Roll	22 Sloppy Joe on Bun Baked Beans French Fries Applesauce / Blueberries Corn Dog /French Fries	23 Taco Salad /Breadstick Garden Salsa Chips Green Beans Pineapple / Banana BBQ Pulled Pork/Bun	24 NO SCHOOL
27 Sweet Sour Chicken/ Rice Steamed Carrots Pineapple / Fresh Oranges Hamburger / Bun / Cheese	28 Tacos/Toppings/Tostitos Chips Peas Applesauce / Banana Mini Corn Dogs/Chips	29 Tater Tot Hot Dish / Roll Green Beans Mandarin Oranges / Grapes Max Cheese Sticks / Sauce	30 Meatballs / Potatoes/Gravy / Roll Corn Peaches / Watermelon Pizza	31 Cheesy Chicken Broccoli Hotdish California Blend Veggies Pears / Apples Cheddarwurst on Bun

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