

Elementary Breakfast Menu November 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>NO SCHOOL</p>	<p>3</p> <p>Combo Bar & Go Gurt Cereal & Frozen Yogurt Banana Bread</p>	<p>4</p> <p>Pancake on Stick & Syrup Cereal & Muffin</p>	<p>5</p> <p>Breakfast Pizza Cereal & Gripz</p>	<p>6</p> <p>Mini Waffles & Syrup Cereal & Mini John</p>
<p>9</p> <p>Chocolate Crescent Roll Cereal & Rice Krispie Bar</p>	<p>10</p> <p>Combo Bar & Gogurt Cereal & Frozen Yogurt Banana Bread</p>	<p>11</p> <p>Pancake on Stick & Syrup Cereal & Muffin</p>	<p>12</p> <p>Breakfast Pizza Cereal & Chocolate Granola Bar</p>	<p>13</p> <p>Strawberry Mini Pancakes Cereal & Mini John</p>
<p>16</p> <p>Strawberry Cream Cheese Bagel Cereal & Pop Tart Berry Bread</p>	<p>17</p> <p>Combo Bar & Go Gurt Cereal & Frozen Yogurt Banana Bread</p>	<p>18</p> <p>Pancake on Stick & Syrup Cereal & Muffin</p>	<p>19</p> <p>Breakfast Pizza Cereal & Gripz</p>	<p>20</p> <p>Mini Waffles & Syrup Cereal & Cheese Stick Powdered Mini Donuts</p>
<p>23</p> <p>NO SCHOOL</p>	<p>24</p> <p>NO SCHOOL</p>	<p>25</p> <p>NO SCHOOL</p>	<p>26</p> <p>NO SCHOOL</p>	<p>27</p> <p>NO SCHOOL</p>
<p>30</p> <p>Apple Frudel & Cheese Stick Cereal & Pop Tart Berry Bread</p>				<p>Daily choices include 1% milk or nonfat chocolate, juice and fruit.</p>

“Offer vs. Serve”: Build a complete breakfast by choosing (at least) 3 items; including (at least) 1/2 cup fruit for breakfast.
This Institution is an equal opportunity provider and employer. Menu subject to change.

Elementary Lunch Menu November 2020

Monday	Tuesday	Wednesday	Thursday	Friday
2 NO SCHOOL	3 Chili-Cheese Tator Tots Tostitos Peas/Cauliflower /Ranch Pears/Strawberries Chicken Nuggets	4 Chicken Alfredo/Pasta Green Beans/Broccoli/Ranch Mandarin Oranges/Apples Slices Max Cheese Sticks/Sauce	5 Baked Potato/Toppings/Garlic Bread Stick California Veggies/Lettuce Peaches/Fresh Oranges Chicken Patty/Bun/Sun Chips	6 Sloppy Joe/Bun Au gratin Potatoes/Cheese Puffs Baked Beans /Celery /Ranch Pineapple/Sidekick Pork Rib/Bun
9 Brunch / Hashbrown Patty Corn/Baby Carrots Pears/Juice Max Cheese Sticks / Sauce	10 Pizza Hotdish/Garlic Bread Stick Carrots/Cucumbers/Ranch Peaches/Oranges Chicken Patty/Bun/Potato Wedges	11 Chicken & Gravy Potatoes/Rip Stick Peas/Tomatoes /Ranch Pineapple/Watermelon Salisbury Steak & Gravy	12 Meatballs/Potatoes/Gravy/Roll Green Beans/Broccoli/Ranch Mandarin Oranges/Strawberries Pizza	13 Super Nachos/Cheese Sauce Black Beans/Doritos Corn/Peppers/Ranch Applesauce / Grapes Hamburger/Bun/Cheese
16 Stroganoff/Roll Potatoes Peas/Baby Carrots Peaches/Kiwi Chicken Nuggets	17 Tacos/Toppings/Tostitos Chips Refried Beans Green Beans/Lettuce Pears/Banana Mini Corn Dogs	18 Pasta/ Meat Sauce/Garlic Breadstick Corn/Broccoli/Ranch Applesauce/Grapes Max Cheese Sticks/Sauce	19 Turkey /Gravy/Potatoes/ Roll Dressing/Cranberries/Peas Mandarin Oranges/Watermelon NO 2ND ENTRÉE	20 Tator Tot Hotdish/Rip Stick Cheese Puffs Carrots/Pea Pods Pineapple/Sidekick Mini Meatball Sub
23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL
30 Sweet Sour Chicken/Rice/Rip Stick Carrots/Broccoli/Ranch Pineapple/Fresh Oranges Hamburger/Bun/Cheese				Daily choices include 1% milk or nonfat chocolate.

“Offer vs. Serve”: Build a complete lunch by choosing (at least) 3 items; including (at least) 1/2 cup fruit, 1/2 cup vegetable or combination for lunch.

Middle & High School Breakfast Menu November 2020

Monday	Tuesday	Wednesday	Thursday	Friday
2 NO SCHOOL	3 Breakfast Pizza & Gripz Combo Bar & Go Gurt Banana Bread Peanut Butter Jelly Uncrustable	4 Breakfast Pizza & Gripz Pancake on Stick & Syrup 2 Muffins Peanut Butter Jelly Uncrustable	5 Breakfast Pizza & Gripz Breakfast Sandwich Rice Krispie Bar/Frozen Yogurt Peanut Butter Jelly Uncrustable	6 Breakfast Pizza & Gripz Mini Waffles & Syrup Long John & Frozen Yogurt Peanut Butter Jelly Uncrustable
9 Breakfast Pizza & Gripz Chocolate Filled Crescent Roll Berry Bread Peanut Butter Jelly Uncrustable	10 Breakfast Pizza & Gripz Combo Bar & Go Gurt Banana Bread Peanut Butter Jelly Uncrustable	11 Breakfast Pizza & Gripz Pancake on Stick & Syrup 2 Muffins Peanut Butter Jelly Uncrustable	12 Breakfast Pizza & Gripz Dutch Waffle Cherry Frudel & Frozen Yogurt Peanut Butter Jelly Uncrustable	13 Breakfast Pizza & Gripz Strawberry Mini Pancakes Long John & Frozen Yogurt Peanut Butter Jelly Uncrustable
16 Breakfast Pizza & Gripz Strawberry Cream Cheese Bagel & Frozen Yogurt Berry Bread Peanut Butter Jelly Uncrustable	17 Breakfast Pizza & Gripz Combo Bar & Go Gurt Banana Bread Peanut Butter Jelly Uncrustable	18 Breakfast Pizza & Gripz Pancake on Stick & Syrup 2 Muffins Peanut Butter Jelly Uncrustable	19 Breakfast Pizza & Gripz Breakfast Sandwich Rice Krispie Bar & Frozen Yogurt Peanut Butter Jelly Uncrustable	20 Breakfast Pizza & Gripz Mini Waffles/Syrup & Cheese Stick Powdered Mini Donuts Peanut Butter Jelly Uncrustable
23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL
30 Breakfast Pizza & Gripz Strawberry Cream Cheese Bagel & Frozen Yogurt Berry Bread Peanut Butter Jelly Uncrustable				Daily choices include 1% milk or nonfat chocolate, juice and fruit.

“Offer vs. Serve”: Build a complete breakfast by choosing (at least) 3 items; including (at least) 1/2 cup fruit for breakfast.
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Middle & High School Lunch Menu November 2020

Monday	Tuesday	Wednesday	Thursday	Friday
2 <p style="text-align: center;">NO SCHOOL</p>	3 Chili - Cheese Tator Tots Tostitos Peas Pears/Strawberries Chicken Nuggets	4 Chicken Alfredo/Pasta Green Beans Mandarin Oranges/Apples Max Cheese Sticks/Sauce	5 Baked Potato/Toppings/Garlic Bread Stick California Blend Veggies Peaches/Oranges Chicken Patty/Bun/Sun Chips	6 Sloppy Joe/Bun Au gratin Potatoes/Cheese Puffs Baked Beans Pineapple/Sidekick Pork Rib Patty/Bun
9 Brunch/Hashbrown Patty Corn Pears/Juice Max Cheese Sticks/Sauce Hashbrown Patty High School	10 Pizza Hot Dish/Garlic Bread Stick Carrots Peaches/Oranges Chicken Patty/Potato Wedges	11 Chicken & Gravy Rip Stick Potatoes /Peas Pineapple/ Watermelon Salisbury Steak & Gravy Rice Krispie Bar High School	12 Meatballs/Potatoes Gravy/Roll Green Beans Mandarin Oranges/Strawberries Pizza & Gripz	13 Super Nachos/Cheese Sauce Doritos Corn Applesauce/Grapes Hamburger/ Bun/Cheese
16 Stroganoff Roll Potatoes/Peas Peaches/Kiwi Chicken Nuggets	17 Tacos/Toppings Tostitos Chips Green Beans/Refried Beans Pears/Banana Mini Corn Dogs	18 Pasta/Meat Sauce/Garlic Breadstick Corn Applesauce/Grapes Max Cheese Sticks/Sauce	19 Turkey /Gravy/Potatoes/Roll Dressing/Cranberries/Peas Mandarin Oranges/Watermelon NO 2ND ENTREE	20 Tator Tot Hotdish/Rip Stick Cheese Puffs High School Carrots Pineapple/Sidekick Mini Meatball Sub/Cheese Puffs
23 <p style="text-align: center;">NO SCHOOL</p>	24 <p style="text-align: center;">NO SCHOOL</p>	25 <p style="text-align: center;">NO SCHOOL</p>	26 <p style="text-align: center;">NO SCHOOL</p>	27 <p style="text-align: center;">NO SCHOOL</p>
30 Sweet Sour Chicken/Rice/Rip Stick Carrots Pineapple/Fresh Oranges Hamburger/Bun/Cheese Rice Krispie Bar High School				Daily choices include 1% milk or nonfat chocolate.

“Offer vs. Serve”: Build a complete lunch by choosing (at least) 3 items; including (at least) 1/2 cup fruit, 1/2 cup vegetable or combination for lunch.